

# DC NEXT! Community Resource Directory

taxonomy group: Navigating the System

Service Name	Category	Eligibility	Organization	Phone	Address	Service Description
Case management	Navigating the System; Housing; Government Benefits; Skills & Training; College Readiness; Help Find School; Help Find Housing; Help Find Work; Work; Help Find Childcare; Care; Money; Education; Youth Development	Student at a school in DC; Students	New Heights Program for Expectant and Parenting Students			Supportive case management and assistance with securing services such as a childcare voucher, WIC, housing, TANF, employment, job training opportunities, college/university admissions and more
Case management	Navigating the System; Help Find Work; Work; Care; Community Support Services	Geography; DC Resident	Catholic Charities of the Archdiocese of Washington	(202) 939-2400; (202) 338-3100	1618 Monroe Street, NW, Washington, DC 20010; 2812 Pennsylvania Avenue, SE, Washington, DC 20020	Our Family Centers serve as gateways to help for all types of crises and needs. Our Southeast Family Center focuses on keeping families in their homes, support for mothers struggling with cancer, and working to find employment or other forms of assistance to treat long-term challenges, access to many programs and one-on-one case management  Do you need help but you are not sure where to go? We are a great resource to connect you with help available within Catholic Charities, other nonprofits or the DC government. Call for an appointment with a Family Support Worker.
College Readiness Workshops	Help Find School; Education	Parents; Age Group; Role; Teens (13-19)	Generation Hope			

<p>DC Healthy Start</p>	<p>Understand Mental Health; Mental Health Evaluation; One-on-One Support; Health Education; Family Planning; Home Visiting; Navigating the System; Pregnancy Tests; Parenting Education; Health Care; Disability Screening; Education</p>	<p>Young Adults (20-30); Parents; Pregnant; Age Group; Families With Children; Health Conditions; Household; Role; Infants and Toddlers (0-2); Teens (13-19); Adults (31-54)</p>	<p>DC Department of Health (DC Health)</p>	<p>(202) 442-5955; 202-442-5955, 202-442-4795</p>	<p>899 N Capitol St NE, Washington, DC 20002, US; 899 North Capitol St NE, Washington, DC 20002, US</p>	<p>DC Healthy Start is a federally funded program for the residents of the District of Columbia that provides support and referrals for services and resources for all women, parents and infants up to 2 years of age. The program aims to improve birth outcomes for infants and women of child bearing age.</p> <p>You can receive the following services through DC Healthy Start:</p> <ul style="list-style-type: none"> <li>- Care Coordination/Case Management Services</li> <li>- Reproductive Life Planning</li> <li>- Health Education</li> <li>- Health and Wellness Screenings (mental health &amp; substance abuse screening,)</li> <li>- Centering Pregnancy Sessions</li> <li>- Breastfeeding Support</li> <li>- Parenting Classes</li> <li>- Male Support Services for Parenting Fathers</li> </ul>
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<p>Help Me Grow DC</p>	<p>Navigating the System; Understand Disability; Understand Government Programs; Legal; Health; Care; Disability Screening; Education</p>	<p>Parents; Pregnant; Geography; Disability; Age Group; DC Resident; Health Conditions; Household; Role; Infants and Toddlers (0-2); Young Children (3-5); Families; Developmental Disability</p>	<p>DC Department of Health (DC Health)</p>	<p>202-442-5955, 202-442-4795</p>	<p>899 North Capitol St NE, Washington, DC 20002, US</p>	<p>Help Me Grow District of Columbia (HMG DC) promotes healthy development for children and to support healthy birth for pregnant mothers in the District of Columbia. HMG DC is a unique, comprehensive, and integrated district-wide system designed to address the need for perinatal supports, early identification of developmental and/or behavioral concerns, and then to link mother's, children, and their families to community-based developmental and behavioral services and supports.</p> <p>The HMG DC Team will:</p> <ul style="list-style-type: none"> <li>- Listen to your concerns</li> <li>- Find services in the District of Columbia that are available and appropriate for your needs</li> <li>- Give you contact information and tips on how to connect to these services</li> <li>- Provide direct referrals when appropriate</li> <li>- Follow up to find out if you were connected to a service or if you need more help</li> </ul> <p>Contact HMG DC if you:</p> <ul style="list-style-type: none"> <li>- Have prenatal questions or concerns</li> <li>- Have questions about your child's development, behavior or learning</li> <li>- Want more information about developmental and behavioral services for a child</li> <li>- Need help finding or accessing developmental and behavioral resources</li> </ul> <p>If you are concerned about a child's development or are an expecting mother, please contact us and speak with a care coordinator.</p>
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<p>Mary Elizabeth House</p>	<p>Spiritual Support; Preschool; Counseling; Residential Housing; Housing; Help Find School; Daily Life Skills; Parenting Education; Care; Education</p>	<p>Guardianship; Mothers with Young Children; Role; Women/Girls; Gender; Mothers; Foster Youth</p>	<p>Mary Elizabeth House</p>			<p>We provide life-skills training and support for young mothers who are in or have aged-out of the child welfare system. All of our young mothers have experienced family disruption and a host of other challenges that substantially impact their lives.</p> <p>The Mary Elizabeth House offers skills in home management, employment, educational attainment and supportive parenting.</p> <p>Our structured residential program, educational supports, mental health counseling, and spiritual guidance help to stabilize young women and their children impacted by weak family and community connections, trauma, neglect and abuse.</p> <p>Our organization supports young mothers, between the ages of 17 and 24, in a supportive five-year housing program. Their children benefit from our ASA Early Learning Academy (preschool program) which is also open to community children.</p> <p>The Mary Elizabeth House assumes the full cost of maintaining our independent living facility and of all the programming provided to participants during their stay.</p>
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<p>New Heights Program for Expectant and Parenting Teens</p>	<p>Health Education; Family Planning; Resume Development; Counseling; Financial Aid &amp; Loans; Sex Education; College Readiness; Financial Education; Help Find School; Daily Life Skills; Parenting Education; Interview Training; Work; Health; Help Find Childcare; Care; Money; Education; Youth Development</p>	<p>High School Students; Education Status</p>	<p>New Heights Program for Expectant and Parenting Students</p>			<p>New Heights offers:</p> <p>Supportive case management and assistance with securing services, such as a childcare voucher, WIC, housing, TANF, employment, job training opportunities, college/university admissions and more.</p> <p>Educational workshops including topics such as pre-natal care, parenting, life skills, financial literacy, career planning, healthy relationships and other issues concerning today's youth.</p> <p>An incentive program that allows participants to earn free items for their children such as diapers, clothing, toys, equipment, accessories and so much more.</p> <p>If eligible, program participants may receive tokens for transportation and/or a daily stipend.</p>
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<p>Newborn Screening</p>	<p>Navigating the System; Understand Disability; Health; Care; Disability Screening; Education</p>	<p>Parents; Geography; Age Group; DC Resident; Families With Children; Household; Role; Infants and Toddlers (0-2)</p>	<p>DC Department of Health (DC Health)</p>			<p>DOH administers two newborn screening programs to ensure that all infants are screened. Newborn screening is quick and easy - requiring only a hearing test and blood tests - and is performed soon after a baby's birth, and in most cases, while the baby is still in the hospital.</p> <p>We provide the following screening programs:</p> <ul style="list-style-type: none"> <li>- Newborn Metabolic Screening Program is designed to ensure that all infants born in the District of Columbia are screened for genetic and metabolic disorders at birth. Newborns with inconclusive or positive screening results will get genetic counseling and education, clinical evaluation and management, diagnostic (lab) testing, referrals, and follow-up services.</li> <li>- Newborn Hearing Screening Program is designed to ensure that all infants born in the District of Columbia get a newborn hearing screening before they are discharged from the hospital. Infants that do not pass the initial and repeat screenings will be evaluated and linked to hospitals, primary health care providers, public health workers and others for appropriate treatment. The Program also provides culturally-competent support to families throughout the screening, diagnostic, and intervention stages.</li> </ul> <p>All babies should be screened at birth for metabolic and hearing problems so that they can get the services they need as early as possible. Even infants that appear perfectly healthy at birth can have a metabolic or hearing disorder. Metabolic disorders rare, but serious, conditions that can lead to severe health and developmental problems or even death if not identified and treated early. However, if caught early and given the right services, most infants with hearing and metabolic disorders can grow up healthy.</p> <p>If your child has an abnormal screen or did not receive a hearing or metabolic screening before leaving the hospital, or if you would like more information, call 1-800-MOM-BABY or 1-800-666-2229.</p>
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Perinatal HIV Program	Health Education; Navigating the System; Care; Education	Young Adults (20-30); Pregnant; Age Group; Health Conditions; Teens (13-19); Living with HIV or AIDS; Adults (31-54)	DC Department of Health (DC Health)			<p>Our Perinatal HIV Program links HIV positive pregnant women to care and services and following up on the health-status of the infants.</p> <p>This program provides:</p> <ul style="list-style-type: none"> <li>- Links to support services</li> </ul>
Refugee Services	Counseling; Navigating the System; Housing; Citizenship & Immigration; Help Find School; Help Find Housing; Legal; Health; Care; Education	Citizenship; Refugees	Catholic Charities of the Archdiocese of Washington			<p>We serve refugees and asylums who live in Washington, D.C., and survivors of human trafficking who reside in the Washington, D.C., metropolitan area. The Refugee Service Center offers case management and employment support services to individuals and families as they seek to make a new start in the United States. The program helps these families to learn cultural norms about their new community in a safe environment and provides support in finding a job.</p>
Safe Sleep Program	Baby Supplies; Goods; Navigating the System; Parenting Education; Care; Education	Parents; Pregnant; Geography; Age Group; DC Resident; Families With Children; Health Conditions; Household; Role; Infants and Toddlers (0-2); Families	DC Department of Health (DC Health)			<p>Through partnerships and collaborations, DC residents can get a portable crib for their infant to ensure infants are sleeping safely. Putting a baby to sleep face up in a crib reduces the chance of death caused by Sudden Infant Death Syndrome (SIDS), suffocation and roll over deaths related to the infant sharing a bed with parents or other children.</p> <p>The Safe Sleep Program provides:</p> <ul style="list-style-type: none"> <li>- Safety Approved Portable Crib</li> <li>- Parent/Caregiver Education</li> <li>- Education for Community Partners</li> <li>- Referrals</li> </ul> <p>Parents and/or caregivers must participate in a safe sleep educational session in order to receive their portable crib. Portable cribs are NOT available for pick up at the Department of Health offices.</p>

<p>Supplemental Nutrition for Women, Infants, and Children (WIC)</p>	<p>Nutrition Education; Disease Screening; Government Food Benefits; Checkup &amp; Test; Navigating the System; Parenting Education; Vaccinations; Health; Care; Money; Education</p>	<p>Young Adults (20-30); Pregnant; Geography; Citizenship; Age Group; Low-income; DC Resident; Health Conditions; Household; Role; Women/Girls; Infants and Toddlers (0-2); Teens (13-19); Undocumented; Adults (31-54); Gender; Mothers; Young Children (3-5); Families; Income</p>	<p>DC Department of Health (DC Health)</p>			<p>WIC is a program that provides the following services to pregnant women, new mothers, infants, and children up to age 5:</p> <p>Nutrition counseling and education Breastfeeding resources and support Nutrient-rich foods (Foods provided by the program supply calcium, protein, iron, and Vitamins A, D, and C.) Immunization assessment and screening Referrals to health and social service providers For women and children over 1-year-old, WIC also provides fresh fruits and vegetables (May – November) through the Farmers’ Market Nutrition Program.</p> <p>All this at no cost to the participants!</p> <p>Who can participate in WIC? You can participate in WIC if you:</p> <p>Are pregnant or breastfeeding, a new mother, an infant, or a child up to age 5; Live in DC (You do not have to show proof of U.S. citizenship to participate.); Meet income guidelines or medical risk for your family as listed below or are participating in Medicaid, DC Healthy Families, School Lunch Program, Temporary Assistance for Needy Families (TANF), or the Food Stamp Program; and/or Have a nutritional or medical risk (determined by a nutritionist or other health professional). Fill out the WIC Prescreening Tool to find out if you might be eligible for WIC.</p>
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<p>Title V Program - Children and Youth with Special Health Care Needs (CYSHCN)</p>	<p>Medical Care; Support Network; Navigating the System; Advocacy &amp; Legal Aid; Legal; Health; Care</p>	<p>Young Adults (20-30); Youth (6-12); Living with a Disability; Geography; Disability; Age Group; DC Resident; Teens (13-19); Young Children (3-5)</p>	<p>DC Department of Health (DC Health)</p>	<p>202-442-5955, 202-442-4795</p>	<p>899 North Capitol St NE, Washington, DC 20002, US</p>	<p>The Purpose of the Children and Youth with Special Health Care Needs Program is to improve the health outcomes for children and youth with special health care needs by ensuring their access to coordinated primary and specialty health care and other services in partnership with their families and community organizations.</p> <p>Program services include:</p> <ul style="list-style-type: none"> <li>- Family Navigation Services</li> <li>- Children and Youth with Special Health Care Needs (CYSHCN) District-wide Advocacy</li> <li>- Health Care Transition from Pediatric to Adult Services</li> <li>- District of Columbia Parent Information Network</li> <li>- Sickle Cell Adolescent Transition Case Management</li> </ul>
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<p>Trafficking Victims Assitance Program</p>	<p>Counseling; Support Groups; Navigating the System; Housing; Safety Education; Citizenship &amp; Immigration; Help Find Housing; Help Find Work; Care; Mentoring; Education</p>	<p>In Crisis; Survivors of Human Trafficking; In Danger; Urgency; Survivors</p>	<p>Catholic Charities of the Archdiocese of Washington</p>			<p>The Trafficking Victims Assistance Program (TVAP) provides comprehensive and strength-based services for children and adult survivors of human trafficking so they can heal, get the justice they deserve and have safe and empowered lives.</p> <p>WHO WE HELP</p> <ul style="list-style-type: none"> <li>- Any victim of human trafficking including women, men, children, foreign nationals or U.S. citizens</li> <li>- Qualifying family members</li> </ul> <p>HOW WE CAN HELP:</p> <ul style="list-style-type: none"> <li>- Assistance with basic needs: food, clothing, housing and transportation</li> <li>- Assistance in finding emergency, transitional and long-term housing</li> <li>- Support services including: Safety planning, Mentorship program, Monthly women’s support group, Informational workshops on employment readiness, immigration policies, access to housing assistance, etc.</li> <li>- Culturally and linguistically sensitive services</li> <li>- Referrals to legal services, medical, mental health, and dental care, and vocational and educational programs</li> <li>- Advocacy to help navigate the public benefits system</li> <li>- Family reunification (If eligible)</li> <li>- Employment services and connections with potential employers</li> </ul>
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<p>WIC Clinics</p>	<p>Nutrition Education; Help Find Healthcare; Government Food Benefits; Navigating the System; Food; Help Pay for Food; Health; Care; Money; Education</p>	<p>Pregnant; Geography; Mothers with Young Children; Low-income; DC Resident; Health Conditions; Role; Income-based; Mothers; Income</p>	<p>Children's National Hospital</p>			<p>Women Infants and Children (WIC) is a supplemental food program that promotes good health for low-to-moderate-income mothers, infants and children. WIC food is high in nutrients such as protein, calcium, iron and vitamins A and C. WIC's mission is to safeguard the health of eligible applicants to the program by providing:</p> <ul style="list-style-type: none"> <li>- Breastfeeding support and education</li> <li>- The ability to purchase supplemental nutritious foods (cereal, milk, cheese, eggs, juice, beans, peanut butter and infant formula) at no cost with eWIC card</li> <li>- A means of saving money that can be used to purchase fresh fruits, vegetables, meats, baby foods and other foods that WIC does not provide</li> <li>- Screening referrals to other health, welfare and social services</li> </ul>
<p>WIC Clinics</p>	<p>Nutrition Education; Help Find Healthcare; Government Food Benefits; Navigating the System; Food; Help Pay for Food; Health; Care; Money; Education</p>	<p>Parents; Pregnant; Geography; Mothers with Young Children; Low-income; DC Resident; Health Conditions; Role; Dependents; Income-based; Mothers; Income</p>	<p>Mary's Center</p>	<p>(844) 370-6201; (202) 483-8196, (202) 232-6679; (202) 483-8196, (202) 232-6679</p>	<p>2333 Ontario Road NW, Washington, DC 20009; 1060 Brentwood Road NE, Washington, DC 20018; 3912 Georgia Avenue NW, Washington, DC 20011</p>	<p>Women Infants and Children (WIC) is a supplemental food program that promotes good health for low-to-moderate-income mothers, infants and children. WIC food is high in nutrients such as protein, calcium, iron and vitamins A and C. WIC's mission is to safeguard the health of eligible applicants to the program by providing:</p> <ul style="list-style-type: none"> <li>- Breastfeeding support and education</li> <li>- The ability to purchase supplemental nutritious foods (cereal, milk, cheese, eggs, juice, beans, peanut butter and infant formula) at no cost with eWIC card</li> <li>- A means of saving money that can be used to purchase fresh fruits, vegetables, meats, baby foods and other foods that WIC does not provide</li> <li>- Screening referrals to other health, welfare and social services</li> </ul>